

Psychological safety of minors in the context of digitalization



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Inappropriate Content



Unwanted information that carries content risks is various information resources, containing illegal, unethical and harmful information.

Propaganda of violence, cruelty and aggression; inciting racial hatred, intolerance towards other people on national, social, group grounds; suicide propaganda; promotion of gambling; propaganda and distribution of narcotic and toxic substances; promotion of the activities of various sects, informal youth movements; erotica and pornography; foul language.

Cyberbullying



Cyberbullying is harassment by messages containing insults, aggression, intimidation using various Internet services.

November 11 - Anti-Cyberbullying Day in Russia

Bullying of children in social networks is on the rise: in the third quarter of 2021, high-profile cases of Internet bullying of minors were 43% more than in the whole of 2020. At the same time, a large surge of network aggression occurred on non-working days.

Cyber fraud



Cyber fraud is one of the types of cybercrime, the purpose of which is to cause material or other damage by stealing the user's personal information (bank account numbers, passport details, codes, passwords, etc.).

If your child is already making online purchases on his own, explain to him the security rules: you can not send too much information about yourself when making online purchases: account information, passwords, home addresses and phone numbers.

Malware



The impact of the damage could also vary depending on the type of malware and the type of device that is infected, as well as the nature of the data that is stored on or accessed by the device.

For home users, an infection can result in the loss of relatively unimportant information that is easy to recover, or it can result in a loss of information that could allow cybercriminals to gain access to a user's bank account.

Computer addiction



Computer addiction is a pathological addiction of a person to work or spend time at a computer, a way of escaping from reality.

Reality is fraught with conflicts and disappointments, painful failures and bitter losses.

Therefore, it seems to a teenager who has not yet learned to exist in an adult hard world that a computer, virtual life is an ideal way out.

Inclination to suicide



Media materials encouraging children to commit acts that endanger their life and health (up to causing serious bodily harm or driving them to suicide).

Social media usage has popularized the act of suicide both directly and indirectly, from its means of information sharing to the influence and consequences it has on emotional health. Social media have indeed resulted in an upsurge of suicide risk factors and suicide-related behaviors.

Recommendations

On the part of those responsible for the information security of the state, for family policy (childhood protection), it is necessary to approve clear rules governing the placement and consumption of destructive content.

In addition to the responsibility of state structures, it is important to remember the responsibility of parents for the upbringing of children, the formation of the personality and its socialization.

Parents need to earn the trust of the child so that he can share his experiences with the family.

Friendly relations with a child, the upbringing of stable moral values, the cultivation of morality, familiarization with sports are the key to successful and timely counteraction to the destructive influence on the psychological safety of a minor.

Thank you for attention!



May our children be
healthy and happy!